

# Cook IGA Friendly Grocer



## ENERGY ASSESSMENT

Now **SAVING**  
approximately

**\$1000**  
per month

*"The new lights are not only cheaper to run, they are also brighter and make the store look better. Customers have commented on this".*

*Nick Spinocchia, Co-owner Cook IGA Friendly Grocer.*

The Cook IGA Friendly Grocer is a small supermarket located in the northern suburbs of Canberra.

It is a family run business that has been operated by its current owners since 2003.

They have a strong commitment to the environment and improving energy efficiency at every opportunity.

### **In November 2012, the owners of Cook Friendly Grocer**

contacted the Actsmart Business Energy and Water team to explore ways to improve their energy and water efficiency and reduce operating costs. An Actsmart assessor visited the business and conducted an energy and water assessment.

One week later a tailored report was delivered to the owners identifying where their energy was being used and provided an action plan of opportunities to improve the business' efficiency.

The action plan included recommendations on both no cost/low cost opportunities such as checking for leaks on taps, recycling paper and cardboard, and also identified higher cost opportunities such as upgrading old lighting, refrigeration and hot water systems.





# CASE STUDY



## RESULTS

Greenhouse gas emissions **REDUCE** by **70 tonnes per year**

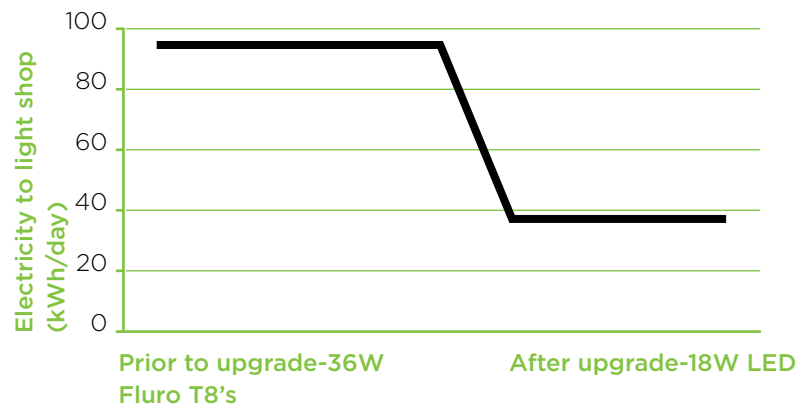
Following advice from the Actsmart team, making a small ‘no cost’ change to the refrigeration resulted in a significant reduction in energy consumption and some impressive savings.

The Actsmart team also identified a significant saving opportunity by replacing current lights with energy efficient alternatives. Cook Friendly Grocer was able to claim a rebate of \$5,000 to assist with the installation of these new lights.

## ENERGY CONSUMPTION



Reduced energy consumption achieved through upgrade of lighting



*“We found the assessment report very useful and without the Actsmart Program I would not have been able to afford this upgrade. It is a great program and I am happy to be a part of it”.*

*Nick Spinocchia, Co-owner Cook IGA Friendly Grocer.*



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**make (the) change**

FOR MORE INFORMATION

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